



...where the dream begins

### Pre-School Programs

Kids will develop balance & coordination, as they progress through the classes they will add agility, strength, flexibility and attentiveness!

**PARENT & TOT Walking to 3 yrs**

Monday 9:30 – 10:30am  
 Tuesday 10:30 – 11:30am  
 Thursday 9:30 – 10:30am  
 Saturday 9:00 – 10:00am  
 Saturday 10:00 – 11:00am

**KINDERGYM JR 3 yrs**

Tuesday 9:30 – 10:30am  
 Saturday 11:00 – 12:00pm



**KINDERGYM 3 & 4 yrs**

Monday 10:30 – 11:30am  
 Tuesday 4:00 – 5:00pm  
 Wednesday 9:30 – 10:30am  
 Thursday 10:30 – 11:30am  
 Saturday 12:00 – 1:00pm  
 Sunday 9:00 – 10:00am

**ADVANCED KINDERGYM 4 & 5 yrs**

Saturday 1:00 – 2:00pm  
 Sunday 10:00 – 11:00am

**\$105.00 + HST**





### Cheerleading

Champions Cheerleading program will consist of recreational and competitive teams. The recreational team will teach the basics of cheerleading. Our competitive Cheer Team requires a commitment of 11 months with at least 5 competitions in the season.

**4-7yrs**  
 Tuesday 4:30-5:30pm  
**\$105.00 + HST**

**8yrs +**  
 Tuesday 5:30-7:00pm  
**\$150.00 + HST**



### Annual Club Fee

**\$30.00 + HST per child**

The club fee covers each child's registration and insurance fee with Gymnastics Ontario as well as a small administrative fee.

Note: Our year runs July-June; therefore, club fees renew every July. This fee is non-refundable.

All of our class prices are based on 8 weeks

### Stars Programs

Gymnasts will learn basic skills such-as handstands, cartwheels, rolls, swings and holds on the bars, shape jumps on the trampoline and proper body positions for these skills.

**STARS Co-ed 4.5 - 6 years**  
 Tuesday 5:00 – 6:00pm  
 Wednesday 4:30 – 5:30pm  
 Saturday 1:00 – 2:00pm  
 Sunday 11:00 – 12:00pm  
**\$105.00 + HST**

**RISING STARS 5 - 7yrs**  
 Wednesday 5:30 – 7:00pm  
 Saturday 2:00 – 3:30pm

**SHOOTING STARS 7 - 9yrs**  
 Tuesday 6:00 – 7:30pm  
 Wednesday 7:00 – 8:30pm  
 Saturday 3:30 – 5:00pm

**SUPER STARS 9yrs**  
 Tuesday 7:30 – 9:00pm  
 Wednesday 7:00 – 8:30pm  
 Saturday 3:30 – 5:00pm  
**Girls or Boys \$150.00 + HST**





### ACRO CLASS Co-ed 7+ years

If you love to tumble on the floor and on the trampoline, this is the class for you! Learn to perfect your tumbling skills!

Sunday 11:00 – 12:00pm  
**\$105.00 + HST**



### Advanced Recreation 8yrs +

This class is geared for those who have an ability to perform more challenging/difficult skills and are interested in longer practices

**Girls**  
 Tuesday 6:30-9:00pm  
 Saturday 2:30-5:00pm  
 Sunday 5:00-7:30pm

**Boys**  
 Saturday 2:30-5:00pm

**\$250.00+HST (8 weeks)**



### GRAND OPENING

**September 7<sup>th</sup> 2019**

Come and join us as we celebrate our brand new 18,000sq ft building!!!

There will be free classes, demos, & games!



### 2019 SESSION DATES

**SESSION 1: SEPT 8 - NOV 2**  
**SESSION 2: NOV 3 - DEC 21**  
**SESSION 3: JAN 4 - FEB 27**  
**SESSION 4: FEB 29 - APR 23**  
**SESSION 5: APR 25 – JUNE 18**

Gymfest: Dec 21-22 & June 13-14

Gymfest is our bi-annual showcase open to our Stars classes. Athletes practice routines and skills throughout the session to perform them in front of family and friends

### Summer Camp

You can book by the week or by the day! We offer early drop off and late pick up too!

Please call or stop in for information

### Summer Classes

Parent and Tot, Kindergym, 4-6yr, 7yrs+, and Advanced Recreation are all being offered from July 2 to August 24

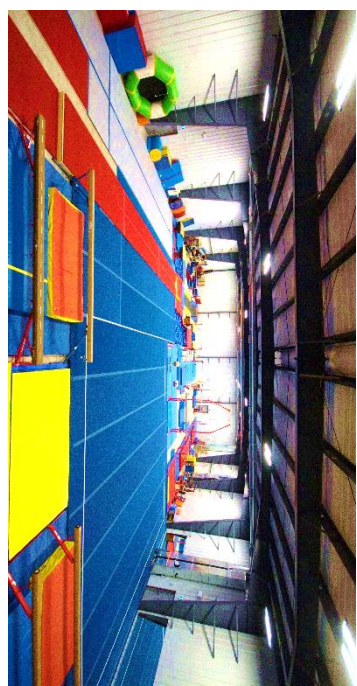
WE ALSO OFFER

**BIRTHDAY PARTIES & PRIVATE LESSONS**

Registration must be done in person.

Cash, Debit, Credit, Cheque

10% sibling discount for each additional sibling



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