



COVID-19 Customer Agreement Recreational Gymnastics

I want to do my part to help Champions Gymnastics keep all students, coaches, and families safe during the Covid-19 pandemic. I have read, understood, and agree to follow the following policies and procedures.

I understand and agree that:

- I will drop my child(ren) off and pick them up at the designated door to the gym, 5 minutes before class and 5 minutes after class.
- My contact information must be up to date, and that I remain reachable while my child is attending practice.
- Only one parent or non-participating individual will be allowed to enter the building at the main entrance. If your child is under the age of 6, you must be present at all times in the lobby. Mask required.
- Champions requires going straight to the restroom and hand washing for everyone who enters the main gym.
- I will limit the number of items brought in to the gym. If you drop off your child, they must carry their belongings with them in a personal bag.
- Child(ren) will report to their designated warm-up area after washing their hands or sanitizing.
- My child(ren) will have frequent opportunities to sanitize and wash their hands while inside the facility.
- I will keep my child(ren) home if they or anyone in my family is coughing, has a temperature over 100, or other Covid-19 symptoms.
- I will have my child(ren) wash hands and feet thoroughly upon arriving back home. Clean their bag upon arriving home, and again before bringing it back to the gym. Gymnastics suits must be washed after each practice.
- I understand that all Champions staff members will make a strong effort to socially distance, but that due to the nature of the sport, there will be times that contact or less than prescribed physical distancing will occur.
- I do not have an issue with my child using hand sanitizer provided by Champions Gymnastics.
- I do have an issue and will provide appropriate hand sanitizer for my child to use.

- I _____ am allowing _____ to participate at Champions Gymnastics, knowing that it is impossible to keep them, myself, or any other individual inside the gym completely safe from COVID-19 exposure.
- These procedures will evolve and change over time, and that I will follow any new standards required by the federal, provincial and local government, and by Champions Gymnastics.

I have carefully read this agreement and I understand the terms and conditions and agree to be bound by them.

Parent or Guardian (please print full name for income tax purposes) _____

Signature _____

Date: _____



Information and Daily expectations:

1st day back information:

- Please wait in your car until 5 minutes before each practice begins.
- Follow guidelines below after entering the Facility

*Viewing areas will have *very* limited capacity during this time.

- If your child is old enough and you are willing, please drop them off and pick them up after class.
- We request that viewing areas be reserved for parents of young athletes
- Only one adult per student will be allowed at Champions.
- Parents wear masks at all times

What your athlete needs

- A backpack or bag for their personal items. Please see list on last page

What You Should Expect Daily

Help us keep things smooth and simple by preparing ahead!

Before you arrive

- Please prepare your athlete before arriving at Champions.
 - Check yourself at home for symptoms (Per the public health online checklist, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and new loss of taste or smell).
 - If anyone in your household is sick, please stay home
 - Wash hands before you leave home.

Arrival

- Please wait in your car until 5 minutes before class begins.
- Enter only through our front door, keeping a safe distance from other people.
- Champions staff will ask everyone entering the facility to wash or sanitize your hands.

- Anyone with a fever over 100 °F will be asked to leave Champions.
- Students will place their shoes and all personal items in their gym bag.
 - If your child is comfortable without you at Champions, we request you drop them off to leave the viewing area for the parents of younger athletes.
 - Only one parent or guardian per athlete is allowed in the building.
- Champions staff will guide your student to their warm-up area in the gym at the beginning of training time.

During and After Class

- Hand washing after each event, cleaning of equipment after each event. Sanitizing throughout class time.
- Social distancing in affect for whole class times
- Be sure to take all your personal belongings with you. There will be no “lost and found.” Anything left behind will be immediately disposed of
- We need your patience during this transition. Our staff will do our best to keep the children social distanced, unfortunately there will be times they need to be reminded.
- We ask that you leave the lobby and viewing area quickly (5 Min) so we can admit the next group.

Champions Staff Safety

- All Champions staff will be required to self-check for COVID-19 symptoms before and upon arrival to work.
 - All staff will check their temperatures upon arrival at Champions. Anyone with a fever over 100 °F will be sent home.
- All staff will wash or sanitize their hands upon arrival to work, and between classes.
- Champions staff will wear masks if a spot is absolutely necessary

Facility

- Facility capacity (50) will be monitored to maintain space for distancing athletes and parents.
- Champions has increased daily cleaning and disinfecting frequency and standards.
- High touch surfaces in lobbies and restrooms will be cleaned multiple times per day.
- Hand Sanitizer will be available at various locations in the facility for you.

Gym Bag Policy

All students are required to bring their own bag to practice.

We recommend a string bag, back pack, or gym bag. Bags should be large enough to zip / cinch easily with everything inside. Students will enter Champions and store their shoes and clothes in their bag.

We recommend wearing only flip flops and a t-shirt over your leo if weather allows. **Sharing supplies and equipment is not allowed.**

- Gym bags should include:
- Travel size hand sanitizer; Champions has multiple sanitizing options, pack an individual size for convenience and less contact
- Band Aids and tape (tape can be purchased at Champions)
- Filled water bottle; water only. Water will still be available for purchase.
- Pouch with extra hair ties, clips, brush, etc.
- Tissues

Gym bag policy is expected to stay in effect indefinitely. Thank you for your compliance.